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North Carolina Music Educators Association In-Service Conference

*Presents*

*F. J. Carnage*  
*Magnet Middle School*  
*Symphonic Band*

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Benton Convention Center  
Winston-Salem, North Carolina  
Sunday, November 10, 2013  
2:00 p.m.

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SUPERINTENDENT'S OFFICE  
**Dr. James G. Merrill, Superintendent**

CROSSROADS BUILDING 1  
5625 DILLARD DRIVE  
CARY, NORTH CAROLINA 27518

PHONE: 919.431.7550  
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North Carolina Music Educators Association:

On behalf of the Wake County Public School System, I would like to extend my appreciation to the NC Music Educators Association for providing this performance opportunity to the students of Fred J. Carnegie G.T. Magnet Middle School Band program. The quality of arts education in our district is outstanding and could not be better represented than by the collaborative efforts of this impressive band. Under the direction of Matthew Pellas, these young people have invested countless hours refining their technical skills and developing their ensemble work ethic in preparation for this event.

Our school community is committed to providing a comprehensive education for its students that includes and celebrates the arts. We recognize their value in developing the college and career-ready skills of communication, collaboration, and creativity. Knowing the rigorous selection criteria of the NCMEA conference, we are honored these middle school students have this chance to demonstrate their musical proficiency. We are extremely proud of the accomplishments of this band and hope you will be inspired by their performance.

Respectfully,

A handwritten signature in black ink that reads "James G. Merrill".

Dr. James G. Merrill  
Superintendent





**WAKE COUNTY**  
PUBLIC SCHOOL SYSTEM

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North Carolina Music Educators Conference  
Winston-Salem, NC

Dear Music Educators:

As Senior Administrator of Arts Education for the Wake County Public School System, I would like to extend my appreciation to the directors of the NC Music Educators Association for selecting the Fred J. Carnage G.T. Magnet Middle School to perform at this year's conference. Your organization maintains the highest of artistic standards, so it is both an honor and a challenge to perform for so many talented and dedicated music educators.

Under the direction of Matthew Pellas, these middle school students have worked diligently to achieve artistic and academic excellence. They are building a firm foundation of musical skills and artistic thinking while working collaboratively as an ensemble. Today's adolescents are faced with numerous opportunities and a variety of potential distractions. Participation in the arts develops discipline, increases the students' ability to focus on success, and builds character. The music program at Carnage Middle School engages students in artistic development and contributes to their overall achievement.

Today we celebrate the dedication of these young people as well as the adults who foster their growth. Wake County is fortunate to call this band one of our own, and we are extremely proud to share the result of their hard work and artistry with you today. Thank you for providing these young musicians the opportunity of a lifetime!

Sincerely,

A handwritten signature in black ink, appearing to read "Elizabeth Grimes Droessler".

Elizabeth Grimes Droessler, Ed.D.  
K-12 Arts Education, Senior Administrator





FJ. CARNAGE GT/AG MAGNET MIDDLE SCHOOL  
*Office of the Principal*

1425 CARNAGE DRIVE  
RALEIGH, NORTH CAROLINA 27610  
PHONE: 919.856.7600  
FAX: 919.856.7619

Dear MENC,

As the principal of F. J. Carnage Gifted and Talented/Academic and Intellectually Gifted Basics Magnet Middle School, and on behalf of the Carnage Community, it is my honor to thank the National Association of Music Educators for selecting our band to perform at the annual MENC Conference.

The success of our students is in great part due to the fact that our school community participates and celebrates academics and the arts. At Fred J. Carnage, every student flourishes in our "arts rich" environment, where learning is accelerated and motivation is sustained.

For the past four years, the students and staff at Fred J. Carnage have known Mr. Matthew Pellas as the Band Director and National Board Certified Music Teacher. However, he is more than a teacher and director; he is also a gifted musician, who plays saxophone, trumpet, flute, and clarinet. Before Matthew Pellas and his wife started their family, Mr. Pellas was a saxophone player with the North Carolina Wind orchestra and the Triangle Wind Ensemble. Now, with a young growing family, he has cut back on outside commitments and tirelessly devotes his time and talents to our students and our school.

Mr. Pellas teaches and directs three levels of Concert Band. In addition, he formed a Jazz Band, and Symphonic Band, which rival high school bands. Before serving as the Band Director at Fred J. Carnage, Mr. Matthew Pellas was the Arts Team Leader and Band Director at Hunter Gifted and Talented Elementary School.

I am confident that you will enjoy the performance of the Symphonic Band from Fred J. Carnage Gifted and Talented/Academic and Intellectually Gifted Basics Magnet Middle School.

Sincerely,

A large, stylized handwritten signature in black ink, appearing to read "Pamela Perry Johnson".

Pamela Perry Johnson, Principal



## *About Our School*

F. J. Carnage Middle School (FJCMS) is named after Raleigh lawyer Fred J. Carnage. Lawyer Carnage, as he was known, was appointed to the Raleigh School board in 1949, making him the first African American to hold that position in the in the entire state.

FJCMS opened in 1965 as a de facto segregated Junior High for black students. In 1983, it was added to the Wake County Magnet program to bring diversity to the school. FJCMS changed its magnet status in 1986 to the current Gifted and Talented model, and today 32% of its students have applied to attend the school while the remainder are assigned based on their address. Under this model, FJCMS employs 7 full-time Art, Choral, Strings, Band, Piano, Theatre, and Dance teachers. Students attend three elective periods each day, and can choose from visual and performing arts choices as well as academic enrichment options. Today, roughly 1200 students attend F. J. Carnage middle school. Approximately 29% of FJCMS students are Asian, 21% are White, 39% are Black, and 9% are Hispanic, and 36% of the students receive free or reduced lunch.

## *Band Director's Biography*

Matthew Pellas grew up in small-town Ebensburg, Pennsylvania. Upon graduation from high school, where he was actively involved in the Concert Band, Marching Band and Chorus, Matthew attended Indiana University of Pennsylvania, where he received his Bachelor of Science in K-12 Music Education. While at IUP, Matthew played saxophone in several ensembles under composer/conductor Dr. Jack Stamp, including the Concert Band and the Symphony Band, and several saxophone quartets under the direction of Dr. Keith Young. Additionally, Matthew sung in the IUP Chorus. While at IUP, he was chosen for a competitive music education internship under Dr. John Kuehn, where he learned the Comprehensive Music Learning Sequence (CMLS) created by James Froseth, which Mr. Pellas continues to use today in his classroom instruction. Additionally, Mr. Pellas took private conducting lessons from Dr. Stamp.

In the fall of 2001, Mr. Pellas accepted a general music and band position in Wake County, NC, (Hunter Elementary), where he taught for 9 years. Hunter Elementary is a Talented / Academically Gifted Magnet school located in East-Central Raleigh. Hunter's Arts Department is very active, with several music & art teachers, as well as dance & drama. While at Hunter, Mr. Pellas greatly increased the size of the band program to approximately 100 students (3<sup>rd</sup>-5<sup>th</sup> grade), organized a number of joint concerts with older students from local schools, as well as concerts that involved other members of his Arts team (e.g. Art "Museum"/Concert with conjoint artistic themes). Additionally, Mr. Pellas taught an extracurricular Jazz Band for elementary students at Hunter for several years. He also served as the 10-person Arts Team Leader and is a certified Teacher-Mentor. In the fall of 2006, Matthew earned his National Board Certification in Music Education. In 2008, his Hunter Elementary Wind Ensemble was selected to perform for the NCMEA In-Service Conference and was the clinic band for an ASBDA-sponsored workshop.

In 2010, Mr. Pellas accepted a band director position at F. J. Carnage Magnet Middle School (FJCMS) in Raleigh where he maintains a 200-student band program that includes four concert bands, a jazz band, and a percussion ensemble. During his time at FJCMS, Mr. Pellas has demanded musicality, responsibility and musical growth from his students. Students from FJCMS are consistently represented in County, District, and All-State Honor Bands. Bands during his tenure have earned Superior ratings at MPA in grades II, III and IV literature.

Mr. Pellas believes in programming quality music for his students. While it can be difficult to find quality, easier-moderate grade music that is not "pop" for young bands, Mr. Pellas puts forth great effort to program a variety of music that is chosen not simply for a catchy tune or widely-known appeal, but for the musical concepts that each piece teaches. Mr. Pellas insists that his bands play musically and with proper tone, tempo and rhythm. To accomplish this, Mr. Pellas uses a variety of teaching techniques, including the Comprehensive Music Learning Sequence (CMLS) Method and variants of the Breathing Gym.

Mr. Pellas currently serves on the Central District Bandmaster Association Board and State MPA committee. In the past, he has served as audition host and clinic chair for the Wake County Honors Band, Assistant Director of the William G. Enloe Gifted and Talented Magnet High School Marching Band, and been a guest conductor for the Enloe High School band program on several occasions. He has also played saxophone for the Triangle Wind Ensemble and the North Carolina Wind Orchestra.

Matthew is married to Trinity and they have three children, a daughter, Ava (3.5 years), a son, Ewan (2 years), and a French Bulldog named Bettis. The five of them live in Wendell, NC.

# *F. J. Carnage Middle School Symphonic Band*

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## Flute

George Chen  
Olivia DeJesus  
Brianna Li  
Jessica McQueen  
Kayla Meekins  
Janani Ramadurai  
Meghna Sharma  
Janie Wang

## Oboe

Kirk Broadbelt

## Clarinet

Michael Alexander  
Chrystall Davis  
Zack Georgopoulos  
Jendaiya Hill  
Mya Ison  
Varunya Karthikeyan  
Sherry Liu  
Megan Pramojaney  
Kartik Sharma  
Jonathan Su  
Emily Wen

## Bass Clarinet

Darragh Farrell

## Bassoon

Daniel Ma

## Alto Saxophone

Aneesh Gautam  
Myles Greer  
Fahad Shah

## Tenor Saxophone

Noah Jeter

## Baritone Saxophone

Jordan Ingram

## Trumpet

Emerson Borg  
Thomas Henderson  
Grayson Hinnant  
Thanujeet Nanugonda  
Kinjal Patel  
Russell Robertson

## Horn

Andrew Li  
Akanksha Singh  
Jacob Turner  
Kathryn Williard

## Trombone

Holden Carroll  
Benjamin Floyd  
Alexander Lewis  
Grant Robertson  
Devesh Verma

## Tuba

Juhi Modi  
Daniel Shen

## Percussion

Charles Crook  
Joseph Gaitens  
Tristan Holub  
Raj Mehta  
Benjamin Wakeford

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*“Music produces a kind of pleasure which  
human nature cannot do without.”*

*~Confucious*

North Carolina Music Educators Association In-Service Conference

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*F. J. Carnage Magnet Middle School  
Symphonic Band*

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Sunday, November 10, 2013  
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*Downtown Dash*.....Nathan Daughtrey  
Dr. Nathan Daughtrey, guest conductor

*Dreams and Fancies*.....Timothy Broege

1. *First Dream*
2. *First Fancy*
3. *Second Dream*
4. *Second Fancy*

*Ancient Voices*.....Michael Sweeney

Two from *Lincolnshire Posy*.....Percy Grainger arr. Sweeney  
*Horkstow Grange*  
*The Lost Lady Found*

*Bells of Freedom*.....David Gillingham

*Escape from the Deep*.....Brian Balmages

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## Program Notes

*Downtown Dash* is meant to depict a brisk 5K road race through the city streets surrounded by towering skyscrapers. The runners are all assembled behind the starting line, anxiously awaiting the horn or gun to go off. Because there are so many runners, even after the race starts, no one is able to move very quickly until the pack thins out. Each of the 3 miles in the race have their own musical character. During the first mile, you are finally able to settle into your own comfortable stride. You start to pick up the pace a bit during mile 2 as the music moves into 3/4 time. During mile 3, fatigue is starting to set in as you pick up the pace even more, depicted by the low brass taking over and moving the key into D minor. As you reach the last tenth of a mile, the finish line is now in your sights, so you break into an all-out sprint to the finish.

*Dreams and Fancies* is the story of a sleepless night: "fancy" is the old English word for a musical fantasy. There are four musical episodes, some of which are associated with definite pictures: the three accented pulses of the main theme signifying a kind of fate, a demented waltz which breaks down, a love theme in the middle, then a wild jazz party. The themes all come together as the music becomes more exciting towards the end with thematic interjections appearing as flashbacks. The end is a huge climax - a grand ceremony in which lovers marry, but haunted by the three accented pulses of the first theme, representing a dark fate. *Dreams and Fancies* was commissioned by the St. Cecilia Fanfare Band of Bucholz (Netherlands).

*Ancient Voices* is suggestive of the moods and sounds of early civilizations. Since there has not been an attempt to depict any specific culture, this piece may conjure thoughts of early peoples of this continent. Or, it may bring to mind even earlier populations who used the bones of mammoths and other animals as musical instruments tens of thousands of years ago.

Percy Grainger's masterwork for band, *Lincolnshire Posy* includes unique and striking settings of English folk melodies. *Horkstow Grange* and *The Lost Lady Found* are arranged here for young players in an adaptation that retains much of Grainger's original setting. The harmonic and dynamic structure of the original setting has been retained. *Horkstow Grange* tells of an ambiguous story of a local happening. John Bowlin was a foreman at a farm and John Steeleye Span was a waggoner under him. They fell out and J. S. Span made these verses.

*In Horkstow Grange there lives an old miser, You all do know him as I've heard tell, It was him and his man that was called John Bowlin', They fell out on market day. Pity them what see him suffer, pity poor old Steeleye Span, John Bowlin's deeds they will be remembered Bowlin's deeds at Horkstow Grange. With a blackthorn stick old Steeleye struck him, Oftens had threatened him before, John Bowlin' he turned round all in a passion, knocked old s Steeleye on to the floor. Steeleye Span he was felled by John Bowlin', It happened to be on a market day; Steeleye swore with all his vengeance, He would swear his life away.*

*The Lost Lady Found* tells of a young woman stolen away by gypsies and missing for years. Her uncle is accused of doing away with her to gain her fortune and is sent to prison. Her sweetheart, however, searches far and wide and eventually finds the woman and brings her back home just in time to rescue her uncle from being hanged at the gallows as the music celebrates the happy ending to the story.

*...Then straight from the gallows they led him away, the bells they did ring and the music did play;  
Every house in the valley with mirth did resound, A soon as they heard the lost lady was found.*

## *Program Notes*

*Bells of Freedom*, the only piece for young band by David Gillingham, is a concert march written with patriotic overtones. The melodic material for the first and second strains as well as the ending borrows motives from the Star Spangled Banner. The feature of chimes in the percussion carries patriotic connotations.

*Escape from the Deep* came about from an interview with author Alex Kershaw about his book *Escape from the Deep*. Kershaw tells the true story of the U. S. Navy submarine Tang and the events that took place in October 1944. Most importantly, the book recounts the story of the only Americans to date who have managed to escape from a sunken submarine. Tang was a legendary sub, having sunk more enemy ships, rescued more downed airmen and successfully executed more dangerous surface attacks than any other Allied submarine in the Pacific. It was on its fifth patrol when disaster struck. Tang fired what would be its last torpedo. The torpedo began right on target but suddenly malfunctioned and turned back toward the Tang. Ultimately it hit with incredible force. Those who survived the blast sunk to the bottom of the ocean, 180 feet beneath the surface, while enemies dropped depth charges from above. Five men were able to make the daring ascent through the escape trunk, which entailed climbing into a small space and flooding it with water to equal the outside pressure. They were joined by four other men who were thrown from the bridge and managed to tread water for over eight hours. It is a story of triumph amidst incredible tragedy. The music begins with a nod to the great accomplishments of the Tang and its crew. It has a military quality to it and portrays thoughts of honor and integrity. As events unfold, the music takes on a much faster and dissonant character, implying the chaotic moments immediately following impact (the impact itself is intentionally omitted from the music). Excerpts from America begin to appear in various forms, first in adrenaline-packed moments, then in a brief moment of solitude and calm (survivors have said that there was actually no panic for several hours after the sub sunk. Rather, there was an air of understanding, peace and resolve). The final burst of energy portrays the incredible escape, and celebrates the breaking of the surface of the water for those first breaths of air. Indeed amidst great tragedy, an incredible story was born and against great odds, nine men survived.

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*The negative is the equivalent of the composer's score  
and the print is the performance*

*~Ansel Adams*

## *Our Guest Conductor*



Percussionist, composer, & educator **Nathan Daughtrey** (b. 1975) is a musical chameleon who uses his wide-ranging talents to adapt comfortably to a variety of environments. As a performing artist and clinician for Yamaha percussion, Vic Firth sticks and mallets, and Zildjian cymbals, he has performed and given master classes and clinics throughout the United States and across three continents. Nathan has recorded two solo marimba albums to date – "Spiral Passages" and "The Yuletide Marimba" – as well as several chamber music albums, including a recent collaboration with euphoniumist Brian Meixner titled "Praxis."

With over 60 publications for percussion ensemble, concert band, orchestra, chamber ensembles, and soloists as well as an ever-growing number of commissions, Nathan balances his performing with composing, and to great acclaim. He is the only composer in the history of the Percussive Arts Society International Composition Contest to procure both 2nd and 3rd place in the same year with his percussion ensemble works "Limerick Daydreams" and "Adaptation," respectively. Nathan's compositions appear regularly on performances at PASIC, the Midwest Band and Orchestra Clinic, the Bands of America National Percussion Festival, and in concert halls and other performance venues around the world. His works have also been recorded on several albums by respected performers, including the FSU Percussion Ensemble, the Showa Wind Symphony conducted by Ray Cramer, the RoseWind Duo, and Mississippi State University. Additionally, three of his compositions for wind ensemble have been featured in three volumes of "Teaching Music Through Performance in Band."

As an educator, Nathan served as a Visiting Lecturer of Percussion for three years at the University of North Carolina at Greensboro, where he taught applied percussion and conducted the Percussion Ensemble. He also served as a sabbatical replacement at the University of Oklahoma, where he taught undergraduate and graduate percussion students and conducted the world-renowned OU Percussion Orchestra. Dr. Daughtrey is currently a Visiting Lecturer of Percussion and Music Composition at High Point University (NC), where he teaches applied lessons, directs the percussion ensemble and works in collaboration with the School of Communication and Department of Dance.

Nathan remains active within the Percussive Arts Society serving as a member of the Composition Contest Committee, organizing the PASIC Fun Runs on behalf of the Health and Wellness Committee, and editing the keyboard percussion articles for Percussive Notes.

When not performing, composing or teaching, Dr. Daughtrey can be found running and biking the trails and greenways in his hometown of Greensboro, NC.

*"Music and rhythm find their way into the  
secret places of the soul." ~ Plato*

# *Special Thanks*

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James Merrill  
Elizabeth Grimes-Droessler  
Pamela Perry Johnson  
Candace Watson  
Marsha Ramdeen  
Joi Robinson  
Music & Arts  
Conn-Selmer Corporation  
F. J. Carnage Arts Boosters  
F. J. Carnage PTSA

Barry Carroll  
Erich Haas  
Tim Kohring  
Tom Jenner  
Robert Hunter  
Robin Gorham  
Matt Edwards  
Mike Krier  
Greg Turner  
Trinity Pellas

F. J. Carnage Middle School Symphonic Band Members and Their Parents

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*"Music is about communication, creativity, and cooperation, and, by studying music in school, students have the opportunity to build on these skills, enrich their lives, and experience the world from a new perspective."*

*~Bill Clinton*

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